

LESSON I: TRYING HARD

from Chapter 1

MARK 8:35

For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.

TERMS

Identity: Deepest idea of who you are. It is the story you tell yourself about yourself.

Identity is usually validated by two voices: **Internal** (what I think about myself) and **External** (what others say about me). (Note: this is incomplete, but we will get to this in a future lesson)

Identity Formation: What we trust to build ourselves.

I. WE EXPERIENCE DEEP LOSS

JAMES 1:3

Knowing this, that the trying of your faith worketh patience.

2. WE ASK DEEP QUESTIONS

1 JOHN 3:1

Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.

- WHO AM I?
- WHY AM I HERE?
- NOW WHAT?

LESSON I: TRYING HARD

from Chapter 1

MARK 8:35

For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.

TERMS

Identity: Deepest idea of who you are. It is the story you tell yourself about yourself.

Identity is usually validated by two voices: **Internal** (what I think about myself) and **External** (what others say about me). (Note: this is incomplete, but we will get to this in a future lesson)

Identity Formation: What we trust to build ourselves.

I. WE EXPERIENCE DEEP LOSS

JAMES 1:3

Knowing this, that the trying of your faith worketh patience.

2. WE ASK DEEP QUESTIONS

1 JOHN 3:1

Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.

- WHO AM I?
- WHY AM I HERE?
- NOW WHAT?

3. WE WANT DEEP RENOVATION

4. WE DISCOVER DEEP NEEDS

- A NEED FOR SOMETHING STABLE
- A NEED FOR SOMETHING SOLID
- A NEED FOR A SAVIOUR

PROVERBS 4:23
Keep thy heart with all diligence; for out of it are the issues of life.

DISCUSSION QUESTIONS

1. What “fragile” things do people often build their life on?
 2. Prov 4:23 speaks of identity—why does it say to “guard?” What does it mean?
 3. Pg. 23—The author states: “Past success is never enough for an unbreakable future identity”...why?
-
-
-
-
-

3. WE WANT DEEP RENOVATION

4. WE DISCOVER DEEP NEEDS

- A NEED FOR SOMETHING STABLE
- A NEED FOR SOMETHING SOLID
- A NEED FOR A SAVIOUR

PROVERBS 4:23
Keep thy heart with all diligence; for out of it are the issues of life.

DISCUSSION QUESTIONS

1. What “fragile” things do people often build their life on?
 2. Prov 4:23 speaks of identity—why does it say to “guard?” What does it mean?
 3. Pg. 23—The author states: “Past success is never enough for an unbreakable future identity”...why?
-
-
-
-
-